

Fairfax Food Service

October 2026

Chesterbrook
LK Lunch Menu

Monday, September 28, 2026	Tuesday, September 29, 2026	Wednesday, September 30, 2026	Thursday, October 1, 2026	Friday, October 2, 2026
			Cheeseburger Meatloaf, 1ea Wheat Dinner Roll, 1ea Spinach, 4oz Ranch, 1oz Gala Apple, 3oz	Pizza Day! Cheese Pizza, 1sl Sweet Yellow Corn, 2oz Diced Peaches, 2oz
			TODS & TWOS Steamed Green Beans, 2oz Applesauce, 2oz	TODS & TWOS Carrot Coins, 2oz
Monday, October 5, 2026	Tuesday, October 6, 2026	Wednesday, October 7, 2026	Thursday, October 8, 2026	Friday, October 9, 2026
Grilled Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup, 1oz Maple Fire Roasted Sweet Potato, 2oz Fruit Cocktail, 2oz	Salisbury Steak & Gravy, 1ea Mashed Potatoes, 2oz Wheat Dinner Roll, 1ea Red Delicious Apple, 3oz	NAE GF Chicken Tender Strips, 3ea Ketchup, 1oz Plain WG Brown Rice, 2oz Baby Carrots, 2oz Ranch, 1oz Orange Wedges, 4ea	WW Spaghetti w/ Beef & Lentil Marinara, 4oz Shredded Mozzarella, 1/2oz 100% WW Bread, 1sl Steamed Green Beans, 2oz Banana, 1/2ea	Boneless Chicken Wing Dings, 4ea Ketchup, 1oz Plain WG Brown Rice, 2oz Sweet Tender Peas, 2oz Pineapple Tidbits, 2oz
TODS & TWOS Diced Pears, 2oz	TODS & TWOS Applesauce, 2oz	TODS & TWOS Carrot Coins, 2oz Mandarin Oranges, 2oz		TODS & TWOS Mandarin Oranges, 2oz
Monday, October 12, 2026	Tuesday, October 13, 2026	Wednesday, October 14, 2026	Thursday, October 15, 2026	Friday, October 16, 2026
FFS CLOSED	Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup, 1oz Baby Carrots, 2oz Ranch, 1oz Applesauce, 2oz	Turkey Nacho Fiesta, 3oz GF Corn Tortilla Chips, 2oz Shredded Cheddar, 1/2oz Mild Salsa, 1oz Sweet Yellow Corn, 2oz Diced Pears, 2oz	Rotisserie Chicken Sandwich, 1ea Boar's Head Rotisserie Chicken Breast, 1oz Cheddar Cheese, 1sl 100% WW Bread, 2sl Applesauce Cup, 1ea Green Bell Pepper Slices, 4sl Sm Ranch pkt, 1ea	SunButter & Strawberry Jelly Crustless Sandwich, 1ea Danimals Vanilla Yogurt, 1ea Carrot Coins, 2oz Orange Wedges, 4ea
	TODS & TWOS Carrot Coins, 2oz	TODS & TWOS Plain WG Brown Rice, 2oz Peas, Carrots, Green Beans, 2oz	TODS & TWOS Pear Cup, 1ea (Green Pepper Slices)	TODS & TWOS Mandarin Oranges, 2oz
			Spoon/Napkin	
Monday, October 19, 2026	Tuesday, October 20, 2026	Wednesday, October 21, 2026	Thursday, October 22, 2026	Friday, October 23, 2026
Lean Beef Hamburger, 1ea WG White Wheat Hamburger Bun, 1ea Cheddar Cheese, 1sl Ketchup, 1oz Carrot Coins, 2oz Fruit Cocktail, 2oz	WG Penne Pasta w/ Turkey & Lentil Marinara, 4oz Wheat Dinner Roll, 1ea Sweet Yellow Corn, 2oz Red Delicious Apple, 3oz	Capitan Cold Sub, 1/2ea Turkey Breast, 1oz Boar's Head Rotisserie Chicken Breast, 1oz Provolone Cheese, 1sl Shredded Lettuce, 2oz Sub Roll, 1/2ea Peach Cup, 1ea	WG Buttermilk Pancake, 1ea Jimmy Dean Chicken Sausage Patty, 1ea Syrup, 1oz Maple Fire Roasted Sweet Potato, 2oz Orange Wedges, 4ea	Grilled Chicken Nuggets, 4ea BBQ Sauce, 1oz Mashed Potatoes, 2oz Baby Carrots, 2oz Ranch, 1oz Diced Pears, 2oz
TODS & TWOS Diced Peaches, 2oz	TODS & TWOS Steamed Green Beans, 2oz Applesauce, 2oz	TODS & TWOS Graham Crackers, 1pkt (Lettuce)	TODS & TWOS Mandarin Oranges, 2oz	TODS & TWOS Carrot Coins, 2oz
		Spoon/Napkin		
Monday, October 26, 2026	Tuesday, October 27, 2026	Wednesday, October 28, 2026	Thursday, October 29, 2026	Friday, October 30, 2026
SunButter & Strawberry Jelly Crustless Sandwich, 1ea Cheddar Cheese Stick, 1ea Baby Carrots, 2oz Ranch, 1oz Pineapple Tidbits, 2oz	Pizza Pasta Bake, 4oz **WG Pasta/Marinara/Beef Crumbles Chicken & Beef Pepperoni/Tomato Sauce** Shredded Mozzarella, 1/2oz 100% WW Bread, 1sl Steamed Green Beans, 2oz Banana, 1/2ea	NAE WG Chicken Nuggets, 3ea White Cheddar Macaroni & Cheese, 4oz Ketchup, 1oz Sweet Tender Peas, 2oz Orange Wedges, 4ea	Cheeseburger Meatloaf, 1ea Wheat Dinner Roll, 1ea Spinach, 4oz Ranch, 1oz Gala Apple, 3oz	Pizza Day! Cheese Pizza, 1sl Sweet Yellow Corn, 2oz Diced Peaches, 2oz
TODS & TWOS Sweet Tender Peas, 2oz Diced Peaches, 2oz		TODS & TWOS Mandarin Oranges, 2oz	TODS & TWOS Steamed Green Beans, 2oz Applesauce, 2oz	TODS & TWOS Carrot Coins, 2oz
Portions meet CACFP requirements: 3-5 years - 6oz. Milk required w/each meal, Portions 1 1/2 oz meat/meat alternative, 1/4 c vegetable, 1/4 c fruit (we serve 1/4 c vegetable, 3/8 c fruit), 1/2 oz grain equivalent. 6-12 years - 8oz milk required w/each meal, Portions 2oz meat/meat alternative, 1/2 c vegetable and 1/4 c fruit (we serve 1/2c veg, 1/2 c fruit), 1 oz grain equivalent.			**GF** = Gluten Free **WG** = Whole Grain **WW** = Whole Wheat	Fairfax Food Service exercises extreme caution in the preparation of allergen meals to reduce the risk of cross contamination; however, risk is not eliminated.
Nutrislice Link: https://fscildcarecenters.nutrislice.com/	FFS Website: Daycare & School Lunches, Snacks in NOVA Fairfax Food Service		Ounces are based off spoodle serving size, not weight.	Due to quality and demand, items may be subject to change.