Fairfax Food Service — November 2026 — Chesterbrook

LK Lunch Menu - Top 9 Allergen Free

Revised 10.23.2026

Monday, November 2, 2026	Tuesday, November 3, 2026	Wednesday, November 4, 2026	Thursday, November 5, 2026	Friday, November 6, 2026
Fresh Plain Chicken, 3oz	**Rotisserie Chicken Sandwich, 1/2ea**	NAE GF Chicken Tender Strips, 3ea	**GF Penne Pasta w/ Turkey & Lentil Marinara, 4oz**	**Fresh Plain Chicken, 3oz**
Plain WG Brown Rice, 2oz	****Boar's Head Rotisserie Chicken Breast, 1oz****	Ketchup, 1oz	**Chef's Line GF Bread, 1sl**	Ketchup, 1oz
Ketchup, 1oz	****Chef's Line GF Bread, 1sl****	Plain WG Brown Rice, 2oz	Steamed Green Beans, 2oz	Plain WG Brown Rice, 2oz
Maple Fire Roasted Sweet Potato, 2oz	Mashed Potatoes, 2oz	Baby Carrots, 2oz	Banana, 1/2ea	Sweet Tender Peas, 2oz
Fruit Cocktail, 2oz	Red Delicious Apple, 3oz	Orange Wedges, 4ea		Pineapple Tidbits, 2oz
TODS & TWOS	***TODS & TWOS***	***TODS & TWOS***		***TODS & TWOS***
Diced Pears, 2oz	Applesauce, 2oz	Carrot Coins, 2oz		Mandarin Oranges, 2oz
		Mandarin Oranges, 2oz		

Monday, November 9, 2026	Tuesday, November 10, 2026	Wednesday, November 11, 2026	Thursday, November 12, 2026	Friday, November 13, 2026
NAE GF Chicken Tender Strips, 3ea	**Rotisserie Chicken Sandwich, 1/2ea**		**Red Beans & Plain WG Brown Rice, 6oz**	**SunButter & Strawberry Jelly Sandwich on GF Bread, 1ea**
Plain WG Brown Rice, 2oz	****Boar's Head Rotisserie Chicken Breast, 1oz****		Steamed Green Beans, 2oz	Carrot Coins, 2oz
Ketchup, 1oz	****Chef's Line GF Bread, 1sl****		Golden Delicious Apple, 3oz	Orange Wedges, 4ea
Baby Carrots, 2oz	Sweet Tender Peas, 2oz			
Applesauce, 2oz	Banana, 1/2ea	NO SCHOOL - TEACHER WORK DAY		
TODS & TWOS			***TODS & TWOS***	***TODS & TWOS***
Carrot Coins, 2oz			Applesauce, 2oz	Mandarin Oranges, 2oz

Monday, November 16, 2026	Tuesday, November 17, 2026	Wednesday, November 18, 2026	Thursday, November 19, 2026	Friday, November 20, 2026
Cookout Beef Burger, 1ea	**GF Penne Pasta w/ Turkey & Lentil Marinara, 4oz**		***Thanksgiving Meal!***	**NAE GF Chicken Tender Strips, 3ea**
Chef's Line GF Bread, 1sl	**Chef's Line GF Bread, 1sl**		Turkey Breast, 1sl	BBQ Sauce, 1oz
Ketchup, 1oz	Sweet Yellow Corn, 2oz		**Vegan Gravy, 2oz**	Mashed Potatoes, 2oz
Carrot Coins, 2oz	Red Delicious Apple, 3oz		**Chef's Line GF Bread, 1ea**	Baby Carrots, 2oz
Fruit Cocktail, 2oz		SCHOOL EVENT - NO SERVICE	Mashed Potatoes, 2oz	Diced Pears, 2oz
			Steamed Green Beans, 2oz	
			Red Delicious Apple, 3oz	
TODS & TWOS	***TODS & TWOS***		**Made Good Chocolate Chip Crispy Bar, 1ea**	***TODS & TWOS***
Diced Peaches, 2oz	Steamed Green Beans, 2oz			Carrot Coins, 2oz
	Applesauce, 2oz		***TODS & TWOS***	
			Applesauce, 2oz	

Monday, November 23, 2026	Tuesday, November 24, 2026	Wednesday, November 25, 2026	Thursday, November 26, 2026	Friday, November 27, 2026
Turkey Nacho Fiesta, 3oz	**GF Penne w/ White Bean Alfredo, 4oz**	**NAE GF Chicken Tender Strips, 3ea**		
GF Corn Tortilla Chips, 2oz	**Chef's Line GF Bread, 1sl**	**Mashed Potatoes, 2oz**		
Mild Salsa, 1oz	Steamed Green Beans, 2oz	Ketchup, 1oz		
Baby Carrots, 2oz	Banana, 1/2ea	Sweet Tender Peas, 2oz		
Pineapple Tidbits, 2oz		Orange Wedges, 4ea		
			FFS CLOSED	FFS CLOSED
TODS & TWOS				
Plain WG Brown Rice, 2oz		***TODS & TWOS***		
Sweet Tender Peas, 2oz		Mandarin Oranges, 2oz		
Diced Peaches, 2oz				

Monday, November 30, 2026	Tuesday, December 1, 2026	Wednesday, December 2, 2026	Thursday, December 3, 2026	Friday, December 4, 2026
NAE GF Chicken Tender Strips, 3ea				
Ketchup, 1oz				
Plain WG Brown Rice, 2oz				
Carrot Coins, 2oz				
Mandarin Oranges, 2oz				

Portions meet CACFP requirements:
3-5 years - 6oz. Milk required w/each meal, Portions 1 1/2 oz meat/meat alternative, 1/4 c vegetable, 1/4 c fruit (we serve 1/4 c vegetable, 3/8 c fruit), 1/2 oz grain equivalent.
6-12 years - 8oz milk required w/each meal, Portions 2oz meat/meat alternative, 1/2 c vegetable and 1/4 c fruit (we serve 1/2c veg, 1/2 c fruit), 1 oz grain equivalent.

TOP 9 ALLERGENS:
(Milk, Wheat, Eggs, Soy, Crustacean Shellfish, Sesame, Peanuts, Fish, Tree Nuts)
****GF** = Gluten Free**

Fairfax Food Service exercises extreme caution in the preparation of allergen meals to reduce the risk of cross contamination; however, risk is not eliminated.

Nutrislice Link:
https://ffschildcarecenters.nutrislice.com/

FFS Website:
Daycare & School Lunches, Snacks in NOVA | Fairfax Food Service

Ounces are based off spoodle serving size, not weight.

Due to quality and demand, items may be subject to change.