Fairfax Food Service — November 2026 — Chesterbrook LK Lunch Menu

Revised 10.23.2026

Monday, November 2, 2026	Tuesday, November 3, 2026	Wednesday, November 4, 2026	Thursday, November 5, 2026	Friday, November 6, 2026
Grilled Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup, 1oz Maple Fire Roasted Sweet Potato, 2oz Fruit Cocktail, 2oz ***TODS & TWOS*** Diced Pears, 2oz	**Salisbury Steak & Gravy, 1ea** Mashed Potatoes, 2oz Wheat Dinner Roll, 1ea Red Delicious Apple, 3oz ***TODS & TWOS*** Applesauce, 2oz	**NAE GF Chicken Tender Strips, 3ea** Ketchup, 1oz Plain WG Brown Rice, 2oz Baby Carrots, 2oz Ranch, 1oz Orange Wedges, 4ea ***TODS & TWOS*** Carrot Coins, 2oz Mandarin Oranges, 2oz	**WW Spaghetti w/ Beef & Lentil Marinara, 4oz** Shredded Mozzarella, 1/2oz 100% WW Bread, 1sl Steamed Green Beans, 2oz Banana, 1/2ea	**Boneless Chicken Wing Dings, 4ea** Ketchup, 1oz Plain WG Brown Rice, 2oz Sweet Tender Peas, 2oz Pineapple Tidbits, 2oz ***TODS & TWOS*** Mandarin Oranges, 2oz
Monday, November 9, 2026	**Tuesday, November 10, 2026**	**Wednesday, November 11, 2026**	**Thursday, November 12, 2026**	**Friday, November 13, 2026**
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup, 1oz Baby Carrots, 2oz Ranch, 1oz Applesauce, 2oz ***TODS & TWOS*** Carrot Coins, 2oz	**Meatless Baked Ziti, 4oz** **WG Pasta, Marinara, 3 Cheese, Soy** Wheat Dinner Roll, 1ea Sweet Tender Peas, 2oz Banana, 1/2ea	NO SCHOOL - TEACHER WORK DAY	**Pizza Day!** ***School provides pizza*** ***FFS provides sides*** Steamed Green Beans, 2oz Golden Delicious Apple, 3oz ***TODS & TWOS*** Applesauce, 2oz	**SunButter & Strawberry Jelly Crustless Sandwich, 1ea** Danimals Vanilla Yogurt, 1ea Carrot Coins, 2oz Orange Wedges, 4ea ***TODS & TWOS*** Mandarin Oranges, 2oz
Monday, November 16, 2026	**Tuesday, November 17, 2026**	**Wednesday, November 18, 2026**	**Thursday, November 19, 2026**	**Friday, November 20, 2026**
Lean Beef Hamburger, 1ea WG White Wheat Hamburger Bun, 1ea Cheddar Cheese, 1sl Ketchup, 1oz Carrot Coins, 2oz Fruit Cocktail, 2oz ***TODS & TWOS*** Diced Peaches, 2oz	**WG Penne Pasta w/ Turkey & Lentil Marinara, 4oz** Wheat Dinner Roll, 1ea Sweet Yellow Corn, 2oz Red Delicious Apple, 3oz ***TODS & TWOS*** Steamed Green Beans, 2oz Applesauce, 2oz	SCHOOL EVENT - NO SERVICE	***Thanksgiving Meal!*** Turkey Breast, 1sl Gravy, 2oz Wheat Dinner Roll, 1ea Whipped Butter, 1pc Mashed Potatoes, 2oz Steamed Green Beans, 2oz Red Delicious Apple, 3oz Chocolate Chip Cookie, 1ea ***TODS & TWOS*** Applesauce, 2oz	**Grilled Chicken Nuggets, 4ea** BBQ Sauce, 1oz Mashed Potatoes, 2oz Baby Carrots, 2oz Ranch, 1oz Diced Pears, 2oz ***TODS & TWOS*** Carrot Coins, 2oz
Monday, November 23, 2026	**Tuesday, November 24, 2026**	**Wednesday, November 25, 2026**	**Thursday, November 26, 2026**	**Friday, November 27, 2026**
SunButter and Strawberry Jelly Crustless Sandwich, 1ea Mozzarella Cheese Stick, 1ea Baby Carrots, 2oz Ranch, 1oz Pineapple Tidbits, 2oz ***TODS & TWOS*** Sweet Tender Peas, 2oz Diced Peaches, 2oz	**Pizza Pasta Bake, 4oz** **WG Pasta/Marinara/Beef Crumbles Chicken & Beef Pepperoni/Tomato Sauce** Shredded Mozzarella, 1/2oz 100% WW Bread, 1sl Steamed Green Beans, 2oz Banana, 1/2ea	**NAE WG Chicken Nuggets, 3ea** **White Cheddar Macaroni & Cheese, 4oz** Ketchup, 1oz Sweet Tender Peas, 2oz Orange Wedges, 4ea ***TODS & TWOS*** Mandarin Oranges, 2oz	FFS CLOSED	FFS CLOSED
Monday, November 30, 2026	**Tuesday, December 1, 2026**	**Wednesday, December 2, 2026**	**Thursday, December 3, 2026**	**Friday, December 4, 2026**
NAE GF Chicken Tender Strips, 3ea Ketchup, 1oz Plain WG Brown Rice, 2oz Carrot Coins, 2oz Mandarin Oranges, 2oz				

Portions meet CACFP requirements:
3-5 years - 6oz. Milk required w/each meal, Portions 1 1/2 oz meat/meat alternative, 1/4 c vegetable, 1/4 c fruit (we serve 1/4 c vegetable, 3/8 c fruit), 1/2 oz grain equivalent.
6-12 years - 8oz milk required w/each meal, Portions 2oz meat/meat alternative, 1/2 c vegetable and 1/4 c fruit (we serve 1/2c veg, 1/2 c fruit), 1 oz grain equivalent.

****GF** = Gluten Free**
****WG** = Whole Grain**
****WW** = Whole Wheat**

Fairfax Food Service exercises extreme caution in the preparation of allergen meals to reduce the risk of cross contamination; however, risk is not eliminated.

Nutrislice Link:
https://ffschildcarecenters.nutrislice.com/

FFS Website:
Daycare & School Lunches, Snacks in NOVA | Fairfax Food Service

Ounces are based off spoodle serving size, not weight.

Due to quality and demand, items may be subject to change.